

# Inspecting fall arrest equipment made from webbing or rope



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## Introduction

This leaflet is mainly aimed at employers who are responsible for the use of fall arrest equipment incorporating energy-absorbing lanyards made from webbing. It gives generic advice on inspection regimes for this equipment where it is used to provide protection against falls from a height. However, many of the principles can also be applied to non-energy-absorbing lanyards and safety harnesses used for the same purpose. They can also be applied to similar equipment made from rope. The leaflet does not cover other equipment such as anchor points. Employers should consult the manufacturer and/or supplier of the equipment for any product-specific inspection requirements.

An energy-absorbing lanyard is a line for connecting a full body harness to an anchorage point with an inbuilt device that reduces the impact of a fall. There is a wide range of possible causes of degradation of synthetic fibres used in webbing and rope lanyards (including abuse, general wear and tear, edge/surface damage, ultraviolet light, dirt, grit, chemicals).

Research involving synthetic fibre webbing lanyards has confirmed a number of the potential causes of degradation. It also highlighted that there is no well-defined boundary (eg usable life) separating those lanyards that are safe and those that are not (eg a 1 mm cut in the edge of a lanyard can result in a 5 to 40% loss of strength depending on the make of lanyard being used). It is therefore essential that if lanyards are to be maintained to provide the required level of protection they are subject to an effective inspection regime.

## Legal requirements and standards

The Personal Protective Equipment Regulations 1992 (as amended) require employers to maintain fall arrest equipment in good repair, including appropriate replacement. In addition, the Work at Height Regulations 2005 require that equipment which is exposed to conditions causing deterioration which is liable to result in dangerous situations should be inspected at suitable intervals and each time exceptional circumstances which might jeopardise safety have occurred.

BS EN 365:2004 *Personal protective equipment against falls from a height. General requirements for instructions for use, maintenance, periodic examination, repair, marking and packaging* gives general requirements for periodic inspection, instructions for use and marking of PPE against falls from a height. To counter the causes of degradation listed in the Introduction, the British Standard states that components should be examined '**at least** twelve-monthly'. This is sometimes taken to be 'annually', although manufacturers of textile products usually recommend inspection more frequently than this.

## Inspection regime

The inspection regime recommended in this leaflet has been discussed with representatives of manufacturers, suppliers, installers and major users via the British Standards Institution Technical Committee PH/5 (industrial safety belts and harnesses), the British Safety Industry Federation Height Safety Group and the Work at Height Safety Association.

Employers should establish a regime for the inspection of lanyards that is drawn up by a competent person. The regime should include:

- the lanyards to be inspected (including their unique identification);
- the frequency and type of inspection (pre-use checks, detailed inspection and, where appropriate, interim inspection);
- designated competent persons to carry out the inspections;
- action to be taken on finding defective lanyards;
- means of recording the inspections;
- training of users; and
- a means of monitoring the inspection regime to verify inspections are carried out accordingly.

It is essential that the person carrying out any inspection is sufficiently independent and impartial to allow them to make objective decisions, and has appropriate and genuine authority to discard defective lanyards. This does not mean that competent persons must necessarily be employed from an external company, although many manufacturers and/or suppliers offer inspection services and training in the inspection of their products.

Employers may wish to provide additional lanyards to use as replacements in the event that defective lanyards have to be taken out of use.

Lanyards that are on hire may need special consideration, to ensure that they are subject to detailed inspections (and interim inspections if appropriate) within the period specified in the regime. Hirers should be informed of any use or damage that may affect the safety of the equipment (eg use with chemicals).

## Scope of the inspection regime

Lanyards should be subject to:

- pre-use checks;
- detailed inspections; and
- (as appropriate) interim inspections;

These should be carried out by competent persons, to identify defects or damage that may affect safety.

### *Pre-use checks*

These checks are essential and should be carried out each time, before the lanyard is used.

Pre-use checks should be tactile and visual. The whole lanyard should be subject to the check, by passing it slowly through the hands (eg to detect small cuts of 1 mm in the edges, softening or hardening of fibres, ingress of contaminants). A visual check should be undertaken in good light and will normally take a few minutes.

### Detailed inspections

These more formal, in-depth inspections should be carried out periodically at minimum intervals specified in the employer's inspection regime. It is recommended that there is a detailed inspection at least every six months. For frequently used lanyards it is suggested that this is increased to at least every three months, particularly when the equipment is used in arduous environments (eg demolition, steel erection, scaffolding, steel skeletal masts/towers with edges and protrusions). Detailed inspections should be recorded.

### Interim inspections

These are also in-depth inspections and may be appropriate in addition to pre-use checks and detailed inspections. Interim inspections may be needed between detailed inspections because the employer's risk assessment has identified a risk that could result in significant deterioration, affecting the safety of the lanyard before the next detailed inspection is due. The need for and frequency of interim inspections will depend on use. Examples of situations where they may be appropriate include:

- risks from transient arduous working environments involving paints, chemicals or grit blasting operations; or
- acidic or alkaline environments if the type of fabric the lanyard is made from cannot be determined (some fabrics offer low resistance to acids or alkalis).

The results of interim inspections should be recorded.

### Examples of defects and damage

The following defects and damage have the potential to result in the degradation and/or weakening of the lanyard:

- cuts of 1 mm or more at the edges of webbing lanyards (eg where the lanyard may have been choke-hitched around steelwork);
- surface abrasion across the face of the webbing and at the webbing loops, particularly if localised;
- abrasion at the edges, particularly if localised;
- damage to stitching (eg cuts or abrasion);
- a knot in the lanyard, other than those intended by the manufacturer;
- chemical attack which can result in local weakening and softening – often indicated by flaking of the surface. There may also be a change to the colour of the fibres;
- heat or friction damage indicated by fibres with a glazed appearance which may feel harder than surrounding fibres;
- UV-degradation which is difficult to identify, particularly visually, but there may be some loss of colour (if dyed) and a powdery surface;
- partially deployed energy absorber (eg short pull-out of tear webbing);
- contamination (eg with dirt, grit, sand etc) which may result in internal or external abrasion;
- damaged or deformed fittings (eg karabiners, screwlink connectors, scaffold hooks);
- damage to the sheath and core of a kernmantel rope (eg rucking of the core detected during tactile inspection);
- internal damage to a cable-laid rope.

## Withdrawing lanyards from use

Lanyards should be withdrawn from use and passed to a competent person for a detailed inspection to decide whether they should continue to be used, destroyed or returned to the manufacturer for testing\* to enable a product performance history to be determined, if:

- there is no evidence that a lanyard has been inspected by a competent person within the last six months;
- identification is not evident (lanyards should be indelibly and permanently marked in accordance with BS EN 365:2004. They should be uniquely identifiable so that they can be easily associated with their respective inspection documentation);
- a lanyard is still in use and marked to the old British Standard BS 1397:1979 *Specification for industrial safety belts, harnesses and safety lanyards* (ie pre CE-marking);
- a lanyard is thought to be defective, or if there is any doubt about its safety after a pre-use check or interim inspection.

**A lanyard that has been used to arrest a fall should never be reused.** It should be withdrawn from service immediately and destroyed or returned to the manufacturer.

## Examples of lanyards that have been withdrawn

The following photographs show lanyards that have been withdrawn because of damage suffered during use.



**Figure 1** Damaged webbing and protector to energy absorber



**Figure 2** Abrasion damage adjacent to energy absorber: displaced protective sleeve over energy absorber



**Figure 3** Wear at end of absorber loop at connection



**Figure 4** Surface fibres damaged by abrasion

\* The manufacturers can advise on this issue.

**Remember: When checking or inspecting lanyards think  
WEBBING – STITCHING – HARDWARE**



**Figure 5** Two similar products with unknown history – the top webbing is heavily soiled



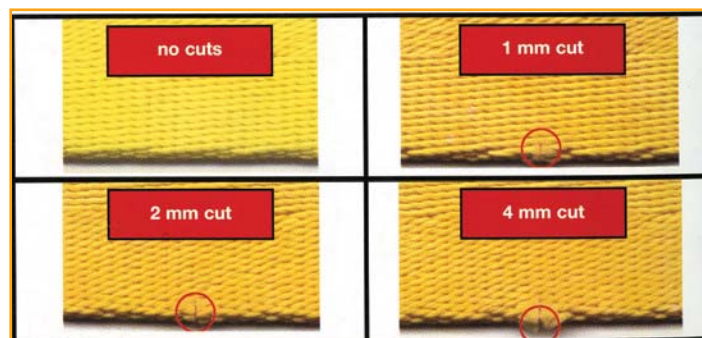
**Figure 6** Heavy paint contamination to webbing



**Figure 7** Damaged gate on karabiner



**Figure 8** Missing label: damage to protective sleeve over energy absorber



**Figure 9** Size comparison of cuts to webbing.  
(Photos from research on new webbing)



## Further reading

*Personal protective equipment at work. Personal Protective Equipment at Work Regulations 1992 (as amended). Guidance on Regulations L25* (Second edition) HSE Books 2005 ISBN 978 0 7176 6139 8

*The Work at Height Regulations 2005: A brief guide* Leaflet INDG401(rev1) HSE Books 2007 (single copy free or priced packs of 10 ISBN 978 0 7176 6231 9) Web version: [www.hse.gov.uk/pubns/indg401.pdf](http://www.hse.gov.uk/pubns/indg401.pdf)

*Issues surrounding the failure of an energy absorbing lanyard* SIR59 HSE Books 2001 ISBN 978 0 7176 2256 6

*Guidance on inspecting personal fall protection equipment* Technical Guidance Note 3 The Work at Height Safety Association 2006 [www.wahsa.org.uk](http://www.wahsa.org.uk)

BS EN 365:2004 *Personal protective equipment against falls from a height. General requirements for instructions for use, maintenance, periodic examination, repair, marking and packaging* British Standards Institution

BS 8437:2005 *Code of practice for selection, use and maintenance of personal fall protection systems and equipment for use in the workplace* British Standards Institution

## Further information

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**This leaflet contains notes on good practice which are not compulsory but which you may find helpful in considering what you need to do.**

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